### Kia Ora Whanau,

Four years ago we made the commitment as a church to Pray First, and start the year with a special focus on prayer. This 21 Day prayer guide shows you some ways to expand your prayer vision and advance God's kingdom through this special time of intimacy with Him.

Committing to prayer for 21 days allows your relationship with God to go to a deeper level.

When we pray corporately together as believers over these 3 weeks, we also get to enjoy a special bonding experience as brothers and sisters in Christ.

As you can see on the following pages we have half a dozen things that we recommend you do every day. Then we have a larger weekly focus with points that provide a more specific focus for each day.

Prayer Meeting times and places where we can gather together each day to pray.

Sunday's - 10.00am - 11.30am Service at Church

Monday's - 6.30am - 7.00am At the Metcalfe's

Tuesday's - 7.30pm - 8.00pm At Church, Fast Track Room (L/H side Car park)

Wednesday's 6.30am - 7.00am At the Metcalfe's

Thursday's 6.30am - 7.00am At the Metcalfe's

Friday's 6.30am - 7.00am At the Metcalfe's

Saturday's 8.30am - 9.00am At Church, Shooting Stars Room

Together we'll be blessed, strengthened and encouraged.

Believing with you for a great future.

Aroha nui Ps. JP and Karen

#### **FOCUS FOR EVERY DAY**

#### 1. Humble yourself.

As you pray, ask for forgiveness for your own sins as well as the sins of your land. Call on God's promise in His Word:

"If my people who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land"." (2 Chronicles NIV)

#### 2.Seek God.

Declare your dependence on God in every area of your life. renounce anything you may have been relying on other than Him. Obey the Scripture:

."Look to the Lord and his strength; seek his face always" (1 Chronicles 16:11 NIV)

# 3. Pray that His Kingdom come

Pray for the completion of the Great Commission and for revival in our generation. Ask the Lord to use you to reflect His love for others so that they might know Him as you partner with Him to advance His kingdom purposes here:

"Your kingdom come, your will be done, on earth as it is in heaven." (Matthew 6:10 NIV)

#### 4.Ask to Hear from Heaven.

Invite the presence of God into your life, your church, your community, your city, and your nation. Pray for signs, wonders, and miracles so that souls may be saved and lives transformed:

"If your Presence does not go with us, do not send us up from here". (Exodus 33:15 NIV)

5.Believe God for answered prayer to your specific needs.
Surrender your needs to god, and trust Him to take care of you.

"Do not be anxious about anything, but in every situation, by prayer and petition, present your requests to God".

(Philippians 4:6 NIV)

#### 6.Pray for Others

Ask God to empower those you're praying for to take their next steps in their journeys of faith to know God, find freedom, discover purpose and make a difference.

"I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know him better. I pray that the eyes of your heart may be enlightened in order that you may know the hope to which he has called you, the riches of his glorious inheritance in his holy people". (Ephesians 1:17-18 NIV)

### Week 1: All About Jesus

# February 5

Sunday's Focus: The Lord's Day

Attend church, rest and reflect.

"Remember the Sabbath day by keeping it holy." (Exodus 20:8 NIV)

# February 6

Monday's Focus: Dependence on Him

Seek and rely on God's Spirit.

"Not by might nor by power, but by my Spirit," says the Lord Almighty." (Zechariah 4:6 NIV)

#### Feb 7

### Tuesday's Focus: Surrender to Him

Surrender all areas of your life to God so that you may draw closer to Him and be conformed to the image of Christ.

Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God-this is your true and proper worship. (Romans 12:1 NIV)

#### Feb 8

# Wednesday's Focus: Worshipping Him

Worship the Lord for who He is and the magnificence of His character.

"Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks." (John 4:23 NIV)

#### Feb 9

# Thursday's Focus: Broken Before Him

Confess your sin and experience God's grace and mercy as you receive His forgiveness.

"My sacrifice, O God, is a broken spirit; a broken and contrite heart you, God, will not despise. (Psalm 51:17 NIV)

## Feb 10

# Friday's Focus: Listening to Him

Still yourself before God so that you can hear the voice of His Spirit.

"When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice."

(John 10:4 NIV)

#### Feb 11

Saturday's Focus: Casting Your Cares on Him

Place your trust in God and commit yourself to His care.

Commit everything you do to the Lord. Trust him, and he will help you. (Psalm 37:5 NIV)

#### Week 2: God's Work In Me

#### February 12

Sunday's Focus: The Lord's Day

Attend church, rest and reflect.

"Remember the Sabbath day by keeping it holy." (Exodus 20:8 NIV)

### February 13

Monday's Focus: My Freedom

Thank God for the freedom you have in Christ.

It is by freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. (Galatians 5:1 NIV)

#### Feb 14

Tuesday's Focus: My Relationships

Pray for the important people in your life - immediate family, loved ones, and close friends.

Remember the Lord, who is great and awesome, and fight for your families, your sons and daughters, your wives and your homes. (Nehemiah 4:14 NIV)

### Feb 15

Wednesday's Focus: My Growth

Ask God to help you grow and mature in your faith.

Speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. (Ephesians 4:15 NIV)

#### Feb 16

Thursday's Focus: My Calling

Thank the Lord for the calling he has placed on your life to serve Him with your unique abilities and gifts.

But you are a chosen people, a royal priesthood, a holy nation, God's special possession, that you may declare the praises of him who called you out of darkness into his wonderful light. (1 Peter 2:9 NIV)

#### Feb 17

# Friday's Focus: My Healing

Praise God for the ways He has healed you in the past and continues to heal areas of brokenness that need His touch.

"He himself bore our sins" in his body on the cross, so that we might die to sins and live for righteousness; "by his wounds you have been healed," (1 Peter 2:24 NIV)

#### Feb 18

Saturday's Focus: My Blessing

Give thanks to God for the abundance of blessings in your life right now.

Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ. (Ephesians 1:3 NIV)

Week 3: Intercession

# February 19

Sunday's Focus: The Lord's Day

Attend church, rest and reflect.

"Remember the Sabbath day by keeping it holy." (Exodus 20:8 NIV)

### February 20

Monday's Focus: My Leaders

Lift up in prayer all those in authority over you, including parents, teachers, pastors, local politicians, city councilors, and our nation's leaders, even if you disagree with their ideologies.

I urge, then, first of all, that petitions, prayers, intercession and thanksgiving be made for all people-for kings and all those in authority, that we might live peaceful and quiet lives in all godliness and holiness. (1 Timothy 2:1-2 NIV)

#### Feb 21

# Tuesday's Focus: Our Missions

Pray for those serving as missionaries and evangelists both locally and nationally. Lift up specific individuals you know who are committed to spreading the gospel of Jesus Christ to those who do not know Jesus.

"But you will receive power when the Holy Spirit comes on you; and you will be my witnesses in Jerusalem, and in all Judea and Samaria, and to the ends of the earth." (Acts 1:8 NIV)

# Feb 22

#### Wednesday's Focus: Our Church

Ask God to bless, sanctify, and empower His bride, the church, so that it may be salt and light to the dark world. Pray for your pastors and church leaders as well as specific ministries you feel led to lift up.

"And I tell you that you are Peter, and on this rock I will build my church, and the gates of Hades will not overcome it."

(Matthew 16:18 NIV)

# Feb 23

#### Thursday's Focus: Our Children

Pray for the children in your own family as well as other children you know in your neighborhood, school, church and community.

Children are a heritage from the Lord, offspring a reward from him. (Psalm 127:3 NIV)

#### Feb 24

# Friday's Focus: The Lost

Pray for all those who do not know God as their Lord and Saviour, that they come to know His love and invite Jesus Christ into their lives. Lift up specific people by name whom you know need the Lord.

The Lord is not slow in keeping his promise, as some understand slowness. Instead he is patient with you, not wanting anyone to perish, but everyone to come to repentance. (2 Peter 3:9 NIV)

# Feb 25

### Saturday's Focus: Our Victory

Give God thanks and praise for all the incredible things He has shown you over the past 21 days.

But thanks be to God! He gives us the victory through our Lord Jesus Christ (1 Corinthians 15:57 NIV)